

The Academy IDC Preparation Course

Ultimate success during your instructor development program depends greatly on the amount of preparation you put forth. Independent learning must begin well in advance of the IDC and is critical to your personal achievement. If you are having difficulty obtaining mastery level performance of your skills and academics consider enrolling in the IDC Prep Course. The IDC Prep Course is a relaxed way to participate in guided practice prior to the start of the IDC.

Academic Session Reviews

- Physics
- Physiology
- Recreational Dive Planner
- Skills & Environment
- Equipment
- Familiarization with the PADI Instructor Manual.

Dive Skills Review

- Buoyancy check in the pool and open water
- The 20 skills of the PADI skill circuit with particular attention to hovering and fin pivots, out of air skills, buddy breathing, alternate air source both stationary and swimming, the controlled emergency swimming ascent (CESA), and removal of the scuba unit and weight belt - both at the surface and underwater.
- Mastery of **Demonstration Quality**
- PADI Rescue Diver Exercise #7 "Unconscious Diver on the surface."

Course Time: 16 Hours

Course Cost: \$200